Richmond Gymnastics Association
Townmead Road, Richmond TW9 4EL
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RGA Satellite Centre Membership pack 2026-27

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1. Welcome to Richmond Gymnastics

Our club was founded on the motto we still continue to live by today, **"to every child the opportunity"**. We offer every child that joins RGA the opportunity to be the best of their ability whatever level that may be.

Our aim is to ensure every member of RGA fulfils their own gymnastic potential in an energetic, creative and supportive environment. A gymnast's potential is individual, and our highly qualified staff ensure the gymnasts development and progress is individual too.

As a charity we ensure all funds go directly back into supporting the club's ongoing development for the benefit of all members.

By becoming a member of Richmond Gymnastics Association (RGA) and by sending your child to classes, you agree to RGA's terms and conditions (they can be found in full on the RGA website).

RGA prides itself on providing high quality gymnastics education for its members in a safe, happy and nurturing environment. We support our coaching staff to upskill by subsidising their coaching qualifications and providing mentors. We also run regular inset days which include first aid, fire safety, safeguarding and coaching workshops. We can only continue to develop in a positive way with parent / guardian support, and we thank you in advance for your support of the club and for following RGA guidance and regulations.

Please remember to visit your online account regularly to see what your child has been achieving on their personal badge level.

RGA has nearly 2,000 members so we will always correspond via email. Please save our email address to your Safe Senders list and also check your junk mail regularly to ensure you do not miss anything important from us:

rga@richmondgymnastics.co.uk

Please find some important information below, but if you have any further queries, please visit our website or email our Office team.

Our Safeguarding & Child Protection Officer is Jenny Vos: welfare@richmondgymnastics.co.uk

You can also keep up to date with all our current news on Instagram, Facebook and LinkedIn, as well as watch some great videos and playlists on our YouTube channel.

2. RGA Member Kit

All members participating in gymnastics must be dressed in RGA kit. All coaches are also required to wear RGA uniform at all times.

Pre-School gymnasts	RGA T-shirt & Shorts **or** RGA Leotard
General gymnasts	RGA T-shirt & Shorts **or** RGA Leotard & Shorts (optional)

It is important that everyone has suitable gymnastics attire for safety and secondly to help create a family-oriented team unit which is why RGA kit is compulsory. Please note, gymnasts are not to wear any kind of jewellery including earrings due to British Gymnastics health and safety regulations.

3. Term Dates 2026-27

Please note our term dates may vary per centre. Please see our Term Dates page for per centre timetables.

Autumn term 2026
Monday 7th September – Sunday 6th December 2026
Half term: Sunday 25th October – Saturday 31st October 2026

Spring Term 2027
Monday 4th January 2027 - Thursday 25th March 2027
Half term: Sunday 14th – Saturday 20th February 2027

Summer Term 2027
Monday 12th April – Sunday 18th July 2027
Half term: Sunday 30th May – Saturday 5th June 2027

Please note that RGA does not run normal classes during holidays and half term breaks, but we do offer holiday camps and drop-in sessions instead. Classes also do not run on Bank Holidays. Should your child's class fall on a Bank Holiday we will add an extra class on at the end of term if timings allow. If not, we will pro-rata the classes.

3.1. Watching week

Each term, we welcome parents into the gym to watch their child's gymnastics. These are usually "Watching Weeks" but may also be a Display or similar. Dates and details will be emailed to you nearer the time and are usually held on the penultimate class of each term.

Taking videos and photographs at watching week is permitted (no flash photography please). Please note that photos and videos should not be put on social media if other children are in the video unless you have permission from the other child's parent.

3.2. Teddy bear / Fancy dress week

This is usually held on the last class of each term. Teddy bear / Fancy dress weeks are fundraising fun days. Children can attend their gymnastics class with their favourite cuddly toy and/or in appropriate fancy dress along with an optional £1 donation. The money raised is used to purchase new gym equipment for the Rompers Pre-school and General Gymnastics programmes.

4. Fees

Class fees are payable in advance and are non-refundable. In addition to class fees, there is an annual membership fee each year for RGA and London Gymnastics. This is payable when you join and renewable every September after that. This fee remains the same regardless of what point in the year you join.

Membership fees help to pay for events at the gym accessible to all members (not all of whom attend classes), as well as offering discounts on extra RGA activities such as camps and parties. *Please note: Sorry, we do not accept payment via American Express. Anybody that pays via American Express will have their fees refunded.*

4.1 Insurance

This is a compulsory annual fee that you pay directly to British Gymnastics (BG) when you join the club and renews annually. Please follow the link to BG to secure your child's insurance: https://www.british-gymnastics.org/memberships

5. Satellite Centres

RGA has several satellite centres across the London Borough of Richmond upon Thames (LBRuT). This is to ensure as much availability for gymnasts as possible and provide locations close to people's homes. RGA upgrades equipment and regularly checks all centres throughout the year to ensure the gymnasts have everything they need to follow our General Gymnastics programme.

Gymnasts at RGA satellite centres wear the same uniform and complete the same technical structure within the gym, working on badges and entering competitions in the same way a gymnast at the RGA Centre would do.

We run at several schools around the Richmond borough. Gymnasts are not required to attend these schools to enrol in RGA classes.

For all Satellite Centres, children should aim to arrive 5 minutes before the start of their class and wait outside the building on the designated markers until the Coach comes out to call them in to the gym for the start of their class.

5.1. Grena Road Centre (Richmond Indoor Bowls Club, TW9 1XS)

The Grena Centre is our second biggest centre with all new equipment and an extensive amount of space.

There is **no on-site parking**, and Grena Road is residential parking only but there is parking very close-by on Sheen Road. Please ensure parking is considerate of neighbouring properties, we want to continue a good relationship with the residents.

Gymnasts and their parents/carers should enter through the door on the left side of the building. At the end of class, parents must make their way outside, using the same door they entered, to collect their child who will be dismissed from the exit door to the right of the building.

Due to safety and safeguarding, all gymnasts will be dismissed from the exit door (the door on the right as you face the building outside). Please follow the coaches' instructions when arriving and leaving to help keep the flow safe and smooth during class change overs.

At the request of the Centre owners, parents are allowed to wait inside, **upstairs only**. Please leave the area as you find it and take your rubbish with you. **Parents are also unable to bring buggies, prams, bicycles or scooters into the building due to fire regulations.**

All children should aim to arrive a few minutes before the start of their class and either wait outside or upstairs with their grown up. If gymnasts are late, they will have to knock on the front door and wait for a coach to collect them.

Toilets are situated down the entrance corridor on the left and the changing rooms are on the right. This site only has one changing room but there are male and female toilets available to get changed in. Anyone participating in a class in the gymnasium is required to leave all their shoes and belongings in their designated area. Please arrive dressed for your class with as few additional possessions as possible.

5.2 Nelson School, TW2 7BU

There is onsite parking at the front of the school. Please walk directly across the playground to the gym which is situated to the rear of the playground. The toilets are next to the gym. Parents are not allowed to wait in the building for their child while the classes are in progress. (These are school regulations- we apologise for any inconvenience.)

5.3 Orleans School, TW1 3EN

There is no onsite parking. Please ensure you know the local parking restrictions and where parking bays are as all the local roads are resident permit only. The gym is situated in the middle of the playground with toilets located next to it. Parents are not allowed to stay on site, the coach will collect gymnasts from the gate and take them back at the end of the session (These are school regulations- we apologise for any inconvenience.)

6. Booking RGA gymnastics classes at Leisure Centres

Classes taught by RGA coaches are held at the following leisure centres:

- Teddington Sports Centre
- Shene Sports & Fitness Centre
- Whitton Sports & Fitness Centre

Please book directly using the following link for all of the Leisure Centres above. Bookings are made directly with the centres, not via RGA:
https://www.better.org.uk/leisure-centre/london/richmond-upon-thames
Please note, some classes may not be running so please check directly with the centre.

7. Other Activities

7.1 Holiday Camps

Holiday camps are run during holiday periods as well as during half terms. They are available for primary school age children (Reception – Year 6).

Please see our website for more information on dates and prices.

7.2 Holiday sessions

RGA runs various holiday sessions during half terms and summer holidays.
Past session we have run include Pre-school, Inclusion/ Disability and GymTeam.

Please see our website for more information on dates and prices.

7.3 Birthday Parties

We also run fun and active gymnastics birthday parties during term time - more details on our website.

We hope your child enjoys their gymnastics classes at the RGA and fulfils their full potential, whatever that might be.

Thank you for becoming an RGA member and allowing us to help your child on their gymnastics journey.

RGA Senior Leadership Team
2026-2027 Gymnastics Year