

## RGA Membership 2024-25

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## 1. Welcome to Richmond Gymnastics

Our club was founded on the motto we still continue to live by today, **“to every child the opportunity”**. We offer every child that joins RGA the opportunity to be the best of their ability whatever level that may be.

Our aim is to ensure every member of RGA fulfils their own gymnastic potential in an energetic, creative and supportive environment. A gymnast’s potential is individual, and our highly qualified staff ensure the gymnasts development and progress is individual too.

As a charity we ensure all funds go directly back into supporting the club’s ongoing development for the benefit of all members.

By becoming a member of Richmond Gymnastics Association (RGA) and by sending your child to classes, you agree to RGA’s terms and conditions (they can be found in full on the [RGA website](#)).

RGA prides itself on providing high quality gymnastics education for its members in a safe, happy and nurturing environment. We support our coaching staff to upskill by subsidising their coaching qualifications and providing mentors. We also run regular inset days which include first aid, fire safety, safeguarding and coaching workshops. We can only continue to develop in a positive way with parent / guardian support, and we thank you in advance for your support of the club and for following RGA guidance and regulations.

Please remember to [visit your online account](#) regularly to see what your child has been achieving on their personal badge level.

RGA has nearly 2,000 members so we will always correspond via email. Please save our email address to your Safe Senders list and also check your junk mail regularly to ensure you do not miss anything important from us:

[rga@richmondgymnastics.co.uk](mailto:rga@richmondgymnastics.co.uk)

Please find some important information below, but if you have any further queries, please visit our [website](#) or [email our Office team](#).

Our Safeguarding & Child Protection Officer is Jenny Vos: [welfare@richmondgymnastics.co.uk](mailto:welfare@richmondgymnastics.co.uk)

You can also keep up to date with all our current news on [Instagram](#), [Facebook](#) and [LinkedIn](#), as well as watch some great videos and playlists on our [YouTube channel](#).

## 2. RGA Member Kit

All members participating in gymnastics must be [dressed in RGA kit](#). All coaches are also required to wear RGA uniform at all times.

Pre-School gymnasts	RGA T-shirt & Shorts <b>or</b> RGA Leotard
General gymnasts	RGA T-shirt & Shorts <b>or</b> RGA Leotard & Shorts (optional)

It is important that everyone has suitable gymnastics attire for safety and secondly to help create a family-oriented team unit which is why RGA kit is compulsory. Please note, gymnasts are not to wear any kind of jewellery including earrings due to British Gymnastics health and safety regulations.

## 3. Term Dates 2024-25

### Autumn Term 2024

Monday 9th September – Sunday 8th December 2024

Half term: Sunday 27th October – Saturday 2nd November 2024

### Spring Term 2025

Monday 6th January – Sunday 6th April 2025

Half term: Sunday 16th – Saturday 22nd February 2025

### Summer Term 2025

Tuesday 22nd April – Sunday 20th July 2025

Half term: Sunday 25th – Saturday 31st May 2025

Please note that RGA does not run normal classes during holidays and half term breaks, but we do offer [holiday camps](#) and [drop-in sessions](#) instead. Classes also do not run on Bank Holidays. Should your child's class fall on a Bank Holiday we will add an extra class on at the end of term if timings allow. If not, we will pro-rata the classes.

### 3.1. Watching week

Each term, we welcome parents into the gym to watch their child's gymnastics. These are usually "Watching Weeks" but may also be a Display or similar. Dates and details will be emailed to you nearer the time and are usually held on the penultimate class of each term.

Taking videos and photographs at watching week is permitted (no flash photography please). Please note that photos and videos should not be put on social media if other children are in the video unless you have permission from the other child's parent.

### 3.2. Teddy bear / Fancy dress week

This is usually held on the last class of each term. Teddy bear / Fancy dress weeks are fundraising fun days. Children can attend their gymnastics class with their favourite cuddly toy and/or in appropriate fancy dress along with an optional £1 donation. The money raised is used to purchase new gym equipment for the Rompers Pre-school and General Gymnastics programmes.

## 4. Fees

Class fees are payable in advance and are non-refundable. In addition to class fees, there is an annual membership fee each year for RGA and London Gymnastics. This is payable when you join and renewable every September after that. This fee remains the same regardless of what point in the year you join.

Membership fees help to pay for events at the gym accessible to all members (not all of whom attend classes), as well as offering discounts on extra RGA activities such as camps and parties.

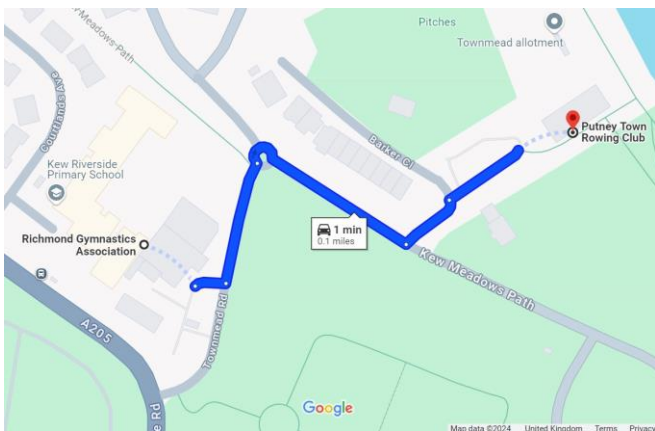
*Please note: Sorry, we do not accept payment via American Express. Anybody that pays via American Express will have their fees refunded.*

### 4.1 Insurance

Any child attending an RGA gymnastics class must be insured under British Gymnastics guidelines. British Gymnastics Community Insurance is a compulsory annual fee that we pay to British Gymnastics (BG) on your behalf when you join the club and renews every September. You will see this on your RGA account along with your class payment.

(Please note, BG have recently changed their insurance and membership system for 2024-25.)

## 5. RGA Centre & Parking



RGA Centre  
Townmead Road,  
Kew TW9 4EL

**Phone:** 020 8878 8682

**Email:** [rga@richmondgymnastics.co.uk](mailto:rga@richmondgymnastics.co.uk)

**Web:** [www.richmondgymnastics.co.uk](http://www.richmondgymnastics.co.uk)

**Social media:** [@gymnasticsrga](https://www.instagram.com/gymnasticsrga)

Free parking is available a two minute walk away at Putney Rowing Club.

RGA is a purpose-built gymnastics facility open 7 days per week, offering an extensive gymnastics programme from pre-school through to competitive gymnastics.

There are two gymnasiums (Gym 1 and Gym 2) and both are fitted with an extensive range of gymnastics equipment and coaching aids.

### **5.1 Class Protocol**

Parents/Guardians must wait with their child until the start of class when the Coach takes gymnasts into the gym.

All gymnasiums are out of bounds to children and adults unless they are participating in a class with a coach present, due to insurance and capacity reasons.

Staff have been told to ask parents and children to leave the gymnasium if they are found within them without a qualified coach.

## **6. Other Activities**

### **6.1 Holiday Camps**

Holiday camps are run during Easter and summer holiday periods as well as during half terms. They are available for primary school age children (Reception – Year 6).

Please [see our website](#) for more information on dates and prices.

### **6.2 Holiday sessions**

RGA runs various holiday sessions during half terms and summer holidays. Past sessions we have run include Pre-school, Inclusion/ Disability and GymTeam.

Please [see our website](#) for more information on dates and prices.

### **6.3 Birthday Parties**

We also run fun and active gymnastics birthday parties during term time - [more details on our website](#).

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We hope your child enjoys their gymnastics classes at the RGA and fulfils their full potential, whatever that might be.

Thank you for becoming an RGA member and allowing us to help your child on their gymnastics journey.

**RGA Management Team**  
**2024-2025 Gymnastics Year**