

RGA Membership 2023-24

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1. Welcome to Richmond Gymnastics

Our club was founded on the motto we still continue to live by today, “**to every child the opportunity**”. We offer every child that joins RGA the opportunity to be the best of their ability whatever level that may be.

Our aim is to ensure every member of RGA fulfils their own gymnastic potential in an energetic, creative and supportive environment. A gymnast’s potential is individual, and our highly qualified staff ensure the gymnasts development and progress is individual too.

As a charity we ensure all funds go directly back into supporting the club’s ongoing development for the benefit of all members.

By becoming a member of Richmond Gymnastics Association (RGA) and by sending your child to classes, you agree to RGA’s terms and conditions (they can be found in full on the [RGA website](#)).

RGA prides itself on providing high quality gymnastics education for its members in a safe, happy and nurturing environment. We support our coaching staff to upskill by subsidising their coaching qualifications and mentoring them. We also run regular inset days which include first aid, fire safety, safeguarding and coaching workshops. We can only continue to develop in a positive way with parent / guardian support, and we thank you in advance for your support of the club and for following RGA guidance and regulations.

Please remember to [visit your online account](#) regularly to see what your child has been achieving on their personal badge level.

Please also remember RGA has nearly 2,000 members so we will always correspond via email. Please save these email addresses to your Safe Senders list:

rga@richmondgymnastics.co.uk
no-repy@richmondgymnastics.co.uk

Please also check your junk mail regularly to ensure you do not miss anything important from us.

Please find some important information below, but if you have any further queries, please visit our [website](#) or [email our Office team](#). You can also keep up to date with all our current news on [Facebook](#), [Instagram](#), and [LinkedIn](#), as well as watch some great videos on our [YouTube channel](#).

2. RGA Member Uniform

All members participating in gymnastics at RGA must be dressed in RGA kit, which can be purchased from our website kit shop. All coaches are also required to wear RGA uniform at all times.

Pre-School gymnasts	RGA T-shirt & Shorts or RGA Leotard
General gymnasts	RGA T-shirt & Shorts/Hipster (optional) or RGA Leotard & Shorts/ Hipsters (optional)

It is important that everyone has suitable gymnastics attire for safety and secondly to help create a family-oriented team unit which is why RGA kit is compulsory. Please note, gymnasts are not to wear any kind of jewellery including earrings due to British Gymnastics health and safety regulations.

3. Term Dates 2023-24

Autumn term: Monday 4th September – Sunday 10th December 2023

Half term: Sunday 22nd October – Saturday 28th October 2023

Spring term: Friday 5th January – Thursday 28th March 2024

Half term: Sunday 11th February – Saturday 17th February 2024

Summer term: Monday 15th April – Sunday 14th July 2024

Half term: Sunday 26th May – Saturday 1st June 2024

Please note that RGA does not run normal classes during holidays and half term breaks, but we do offer [holiday camps](#) and [drop-in sessions](#) instead. Classes also do not run on Bank Holidays. Should your child's class fall on a Bank Holiday we will add an extra class on at the end of term if timings allow. If not, we will pro-rata the classes.

3.1. Watching week

Each term, we welcome parents into the gym to watch their child's gymnastics. These are usually "Watching Weeks" but may also be a Display or similar. Dates and details will be emailed to you nearer the time.

Watching weeks are split over two weeks at the main centre to ensure a more comfortable experience for everyone within the gym. They will be held on the penultimate class of each term and the week before.

Taking videos and photographs at watching week is permitted (no flash photography please). Please note that photos and videos should not be put on social media if other children are in the video unless you have permission from the other child's parent.

3.2. Teddy bear / Fancy dress week

This is usually held on the last class of each term. Teddy bear / Fancy dress weeks are fundraising fun days. Children can attend their gymnastics class with their favourite cuddly toy and/or in

appropriate fancy dress along with an optional £1 donation. The money raised is used to purchase new gym equipment for the Rompers Pre-school and General Gymnastics programmes.

4. Fees

Class fees are payable in advance and are non-refundable. In addition to class fees, there is an annual membership fee each year for RGA and London Gymnastics. This is payable when you join and renewable every September after that. This fee remains the same regardless of what point in the year you join.

Membership fees help to pay for events at the gym accessible to all members (not all of whom attend classes), as well as offering discounts on extra RGA activities such as camps and parties.

Please note: Sorry, we do not accept payment via American Express. Anybody that pays via American Express will have their fees refunded.

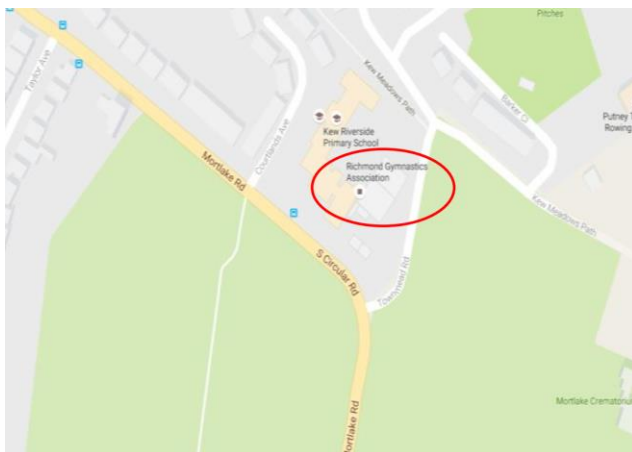
4.1 Insurance

Any child attending an RGA gymnastics class must be insured under British Gymnastics guidelines. Due to new data protection regulations, this insurance must be arranged directly between British Gymnastics and the parents. Without British Gymnastics insurance your child will not be allowed to participate in an RGA class. Click on the links below to be re-directed to the British Gymnastics website:

New members: <https://register.british-gymnastics.org/gymnet/register/registerstart>

Existing members: <https://renewals.british-gymnastics.org/login>

5. RGA Centre



RGA Centre
Townmead Road,
Kew TW9 4EL

Phone: 020 8878 8682

Email: rga@richmondgymnastics.co.uk

Web: www.richmondgymnastics.co.uk

Social media: [@gymnasticsrga](https://www.instagram.com/gymnasticsrga)

RGA is a purpose-built gymnastics facility open 7 days per week, offering an extensive gymnastics programme from pre-school through to competitive gymnastics.

There are two gymnasiums (Gym 1 and Gym 2) and both are fitted with an extensive range of gymnastics equipment and coaching aids.

All gymnasiums are out of bounds to children and adults unless they are participating in a class with a coach present, due to insurance and capacity reasons. Staff have been told to ask parents and children to leave the gymnasium if they are found within them without a qualified coach.

6. Other Activities

6.1 Holiday Camps

Holiday camps are run during Easter and summer holiday periods as well as during half terms. They are available for primary school age children (Reception – Year 6).

Please see our website: www.richmondgymnastics.co.uk/holiday-camps/ for current information on dates and prices.

6.2 Pre-School Holiday sessions

RGA runs various “Stay & Play” pre-school sessions both during term time and school holidays (not for children already in reception at school).

These sessions give your children a chance to explore in a safe environment and try out the soft-play equipment. The session is free-play and is not a structured class, but there will be coaching staff available.

Please [see our website](#) for more information on dates and prices.

6.3 Birthday Parties

We also run fun and active gymnastics birthday parties during term time - [more details on our website](#).

We hope your child enjoys their gymnastics classes at the RGA and fulfils their full potential, whatever that might be.

Thank you for becoming an RGA member and allowing us to help your child on their gymnastics journey.

RGA Management Team
2023-2024 Gymnastics Year