


About RGA



Richmond Gymnastics Association (RGA) is an award-winning charity, delivering gymnastics to over 1500 children and young people. RGA was formed in 1992 as the successor to Staveley Gymnastics Association which was founded in 1960 and continues to live by its' motto of *'to every child the opportunity'*.

RGA works to provide a community-based gymnastics programme in pursuit of excellence. The gymnasts train in the purpose-built headquarters at Kew and at five satellite centres throughout the Richmond borough.

Gymnastics is more than just a sport. We are more than just a club.

We offer more than just gymnastics and we achieve this with a cradle to career approach with opportunities for those aged 8 weeks to 21 years. RGA also has a large Inclusion programme and acts as a 'Hub Club' for British Gymnastics, our Governing Body, educating other surrounding clubs about gymnastics for those with disabilities and additional needs.

Not only does RGA encourage and retain (especially female) teenagers in sport, but also offers opportunities to young people to be involved in the sport not only as a gymnast, but as a Coach or Judge. RGA supports their development along their chosen pathway.



Our Achievements



RGA is now one of the largest award-winning gymnastics clubs in the country with our coaching team also being recognised in awards for Outstanding Coach of the year (2016), Award of Merit (2020) and Lifetime Achievement Award (2021). We are also home to World and European medallists within Acrobatic Gymnastics, most recently triple Gold medallists at the European Acrobatic Championships (2023).

Giving back

We also support those that would not be able to attend otherwise, including children from disadvantaged families, Ukrainian refugees and those who have additional needs.

Light up RGA!

Help us keep the lights on this winter.

Our specialist lighting ensures gymnasts of all levels can safely perform skills without being distracted by the lights- especially important for squad gymnasts performing complicated moves.

Our lights have an incredibly long life, but now urgently need replacing. If you work for a company, please ask if they can gift-match your donation. A win-win for all of us!

<https://www.justgiving.com/campaign/lightuprga>

Please click on the JustGiving link to donate and help us keep the lights on this winter, so we can continue to safely offer gymnastics classes for all children.

Thank you so much from all at Friends of Richmond (volunteers) and Team Richmond.